My Critical Thinking Blueprint

Name:

Helpful Words:

- **Critical Thinking** = slowing down to ask questions, check facts, and think clearly
- **Lifestyle Goal** = the kind of life I want to live
- **Personal Competitive Advantage** = the thinking habits that help me make strong, thoughtful choices

Directions:
Reflect with **words or drawings** to explore and strengthen your thinking process.

Use the back of this sheet if you need more space.

1. **A time I used critical thinking was:**

2. **Here's how it helped me:**

3. **A moment I wish I'd thought more clearly was:**

4. **My Critical Thinking Superpower helps me do these things:**

5. **One thinking habit I want to strengthen is:**

6. **Critical thinking helps me grow my personal competitive advantage by:**

7. **This is how critical thinking supports the lifestyle I want to live:**

©Mark C. Perna® - All Rights Reserved V1 I **markcperna.com**